

**MSG Meeting
October 22, 2019**

Introductions

Kendall Plageman

- MCV Campus Majlis Day (Qatar Day)
November 7th, 12-2pm
Turpin Street/Larrick Compass

- The Well's RESILIENCE LAB

Visit our resilience Lab and learn about ways to manage your stress levels and build resiliency by going through our HeartMath training. Ways you can interact with the lab are through self-guided resiliency training or by meeting with one of our facilitators. To view times in which we have open lab or to schedule a meeting with a facilitator please visit our [appointment calendar](#).

- Recovery Ally Training (Lunch Served) - open to students, faculty, and staff
 - October 29th, 11am - 2pm
 - [College of Health Professions Building COHPS 1075 Classroom](#)
 - [Sign up](#)

New Business

- AAMC Conference attendee selection
 - Application to be sent out this week
- Constitution changes regarding student leadership and Society
 - Email to be sent out separately for more input from MSG and class officers
- M1 SGA Representative selection
 - Everett to send out applications soon

MSG Updates

- a. President (Alvin)
 - i. Town Hall Minutes
 - ii. SGA Appropriations Process
 - iii. Constitution change discussion
 - iv. Selecting OSR Reps - will send out applications soon
- b. Class Updates
 - i. Class of 2023 - finished pharmacology. Having a class wide forum on Wednesday
 - ii. Class of 2022 - started MBB, home stretch
 - iii. Class of 2021 - going through rotations, halfway through
 - iv. Class of 2020 - Interview season

- v. INOVA - M3's also going through rotations, M4's on interview trail
- c. Secretary (Katherine)
 - i. Will soon decide MSG Spring meeting dates, send me your conflicts
 - ii. Proxies! Welcome - send me your email addresses
- d. Treasurer (Dani)
 - i. Continue to send me receipts
 - ii. [BUDGET](#)
 - 1. Let's keep the budget linked on the monthly agenda
- e. VP Social (Brendon)
 - i. Med Ball on Sat, Nov 16th at 8PM-12AM
 - 1. RSVP Forms
 - 2. Proposal to use extra 2k from Halloween party to Med Ball
 - a. VCU Police escort required by SOM
 - 3. Committee to help organize logistics, setup, and event coordination
 - a. Need volunteers, likely M1 officers
 - ii. WIMSO - Replacing October/November Liver round
 - 1. Wine and Cheese with faculty
 - 2. Monday, October 28th 5:30-7:30PM
 - 3. 75 students, lottery-based
 - iii. Transition documents for sign out to proxy
 - iv. 11/8 6PM: MSG Escape Room Bonding Time
- f. VP Student Life (Zoe)
 - i. Scoop to resume after technical difficulties
 - ii. Second Look - Schedule meeting with Dr. WHC on Friday 10/25 or 11/1, TBD
- g. VP Societies (Rachel)
 - i. Halloween Party on Friday November 1st, 2019 at the Hippodrome
 - 1. Theme is Hocus Pocus
 - 2. Costume Contest: points to the winners
 - ii. Society Leader Recommendations for Line of Succession
 - iii. Society Leader Recommendations for VP of Societies Requirements
 - iv. Food Drive - November, currently setting up
 - v. Winter Socials - society leaders happening
- h. VP Community Service (Olivia)
 - i. October DOCS
 - 1. Needle Exchange Program
 - a. 22 attendees last event
 - b. Another event this Thursday
 - 2. The Simple Sunflower
 - a. This Sunday, approx 15 attendees
- i. VP Publications (Yena)
 - i. No updates at this time
- j. VP Curriculum (Komal)
 - i. New Curriculum Elective for M3 and M4s

1. TA for pre-clinical courses/review sessions for students
 2. Email Dr. Brinegar if interested
 - ii. Scheduled tutor sessions with PALS using Q-banks
 1. Aiming for weekly session
 2. Curriculum relevant questions to be reviewed
- k. MSG SGA Representative (Everett)
 - i. No new updates
 - ii. M1 SGA reps - will send out application soon
- l. Wellness Committee (Wei-Li and Kalissa)
 - i. Working on developing wellness elective for M1s in spring semester. Contact us at vsusomwellness@gmail.com if you're interested in helping
 - ii. Class survey to be sent out by M2 class president
 - iii. Goal is to raise awareness of the committee