MSG Meeting November 27th, 2018

Introductions

New Business

Kendall Plagueman - Assistant Dean

Upcoming Events/Student Opportunities

Study Breaks (sponsored by SGA, GSPB and USC&A)

- Socialize, enjoy refreshments, and mindfulness activities.
- o Tues, Dec. 4th from 11:30am to 1:00pm in Hunton (2nd floor)
- o Wed, Dec. 5th from 11:30am to 1:00pm in Hunton (2nd floor)

MCV Campus Winter Ball

- January 26th, 2019, at Main Street Train Station, 8pm to 1am
- www.vcuwinterball.eventbrite.com
- Early bird tickets (by Dec. 19) \$35. Regular tickets \$40.

Out of the Darkness Campus Walk

- March 30th, 2019, 9:30am to 12:30pm, starts in The Compass on MPC
- VCU's Wellness Resource Center seeks to end the stigma around mental health.

The Well is working with the American Foundation for Suicide Prevention and members of the campus community to promote the March 3 event. Participate in the walk, become a virtual walker or donate at the following URL. For more information, contact Mia Liadis at liadisa@vcu.edu or (804) 828-6919 or visit

https://afsp.donordrive.com/index.cfm?fuseaction=donorDrive.event&eventID=5839.

• We are hoping to have teams from each of the 5 health sciences schools **JED Foundation**

www.jed.vcu.edu

Virginia Commonwealth University (VCU) has joined the JED Campus program in support of student well-being and mental health. The program is designed to identify opportunities to enhance emotional health and substance abuse and suicide prevention efforts on campus in order to ensure that schools have the strongest possible mental health safety nets.

Student Affairs is creating a mental health advisory council of students from the MCV Campus to provide feedback on the JED Campus strategic plan. The council will start meeting next semester.

I am seeking a student from the MCV Campus to serve on the following sub-committee for JED: Restrict Access to Potentially Lethal Means. More info can be found at https://jed.vcu.edu/strategic-plan/.

This sub-committee will require a significant time investment. If interested please contact me at kwplageman@vcu.edu.

Commencement - any more information?

- No more information about location or timing
- If there is a large ceremony, there will likely be required attendance but no official decision has been made by SOM (Dr. Woleben)

MSG Updates

- a. President (Omar)
 - i. None
- b. Class Updates
 - . Class of 2022 I&I exam tomorrow; holiday grams coming out soon
 - ii. Class of 2021 in MBB, two more exams away from being done with M2; preparing for Step; getting ready to order pagers; implemented new class forum that is not anonymous and is more constructive (can still contact class officers with concerns with Wickr); M3 forum talking about track preferences coming up
 - iii. Class of 2020 Thanksgiving break was much needed; shelves coming up; M3 and M4 break does not completely overlap with M1/M2 class
 - iv. Class of 2019 Continuing interviews, interview surveys have been sent out (required!); planning Match Day
 - v. INOVA Liver Rounds next Friday
- c. Secretary (Carrie)
 - i. Proxies need Student Life and Social still
 - ii. Will invite proxies to next meeting to do turnover of duties
- d. Treasurer (Alvin)
 - i. MSG officers please send me an update of how much you've spent so far and how much you plan on spending for the rest of the year
 - 1. Jiabi --- total spent = \$154; not planning to spend anymore money
 - ii. AAMC conference additional funding for 2 more students to attend (~\$2,000)
 - Those who applied and were rejected can have the opportunity to re-apply
 - 2. Will send out poll to MSG officers for vote on the matter
- e. VP Social (Megan)
 - i. Med Ball is this Friday (11/30)!
- f. VP Student Life (Katherine)
 - i. Had an impromptu, early fridge cleaning with 7th floor kitchen fridge (11/19)
 - 1. Discussing alternative options for fridge cleaning with treasurer
 - ii. SIG Awards nominate your SIG by 12/3!
 - iii. Looking for an M1 proxy! Spread the word!
- g. VP Societies (Divya)
 - i. Canned food drive (with Jiabi) until end of November society who donates the most food wins!
 - ii. Society Winter Socials are being planned most societies seem to be doing the weekend of 12/7 great way to get to know students of all different classes!
 - iii. Found an M1 proxy
- h. VP Community Service (Jiabi)

- i. November Mini-DOCs: health screening at Mechanicsville (11/17) good turnout
- ii. November canned food drive will possibly extend into December
- iii. Have recruited M1 proxy to take over position for the spring semester
- i. VP Publications (Matt)
 - i. New SIG leaders keep updating your contact info for the MSG website!
- j. VP Curriculum (Komal)
 - i. None
- k. MSG SGA Representative (Everett)
 - i. Community Wellness Fair looking for students from all classes to volunteer to help keep an eye out for details!

Reminder to everyone: Next Meeting is 12/10. Mark your calendars.