

Deans Luncheon, 28-Nov-17

Dr. Buckley

- Photo booklet sent to McGlothlins, as storytelling thanks for their gift to MCV. Describes the impact of attracting exceptional students and staff due to MMEC, a building which was funded by an initiative spearheaded by a gift from the McGlothlins.
- Also continuing fundraising - priority among responsibilities
 - Recently, Development Officer Priscilla Wiggins finalized a \$10mill gift to support the Pediatric Hem/Onc department
- Meeting w alumni across the state, continuing to cultivate relationships with all donors
 - Trip 2 weeks ago to visit Lynchburg alumni, accompanied by 3 M3's (Eddie Tobin, Anika Turkiewicz, Tim Wills)
- Investigating collaborative partnership w other Virginia med schools, exploring group health insurance plans
- Recruitment:
 - Dr. Sally Santen now here
 - Final selection process for head of Neurology Dept
- Depression survey:
 - The results are very concerning
 - Burnout, Depression are long-haul threats to health care professionals
 - Take caution with leaning too heavily on a screening tool
 - Distress can give impression of depression
 - Possible that some of the 40% who scored positive for depression, is truly depressed
 - Keep an eye out for each other, check in, support each other! You have >200 people who can be looking out for colleagues
 - Good discussion to begin
 - Stress forces from rigors of academia, are not going away
- Attrition
 - Unusual number of students having left the class of 2021 (9 students)
 - Admission process is difficult, with goal of selecting those who will be successful in med school!
 - Getting ppl who want to be doctors and CAN be doctors
 - This is a single anomalous data point, and doesn't represent who we are as a school.

Alper Dincer (% 2020 President)

- Sent out mental health survey in wake of decreased mood post-summer holiday
 - Preliminary results (80 responses)
 - 70% insomnia
 - 38% regretted pursuing a career in medicine
 - 13% unhappy at school

- 64% felt bad about themselves, or felt that they had let themselves or their families down
 - Follow-up survey (162 responses), PHQ-9 screening
 - Most students trust Curric office, trust school
 - 43% respondents qualify for major depression
 - 18 who had thoughts they would be better off dead, or thoughts of self-harm

Dr. DiGiovanni

- Depression screening survey
 - Concerned. Also, within limits of national med students, especially M2's as they worry about Step1
 - Giving resources to class, many valuable resources available for students through Counseling Services
 - This Friday, DiGi and Woleben will make effort to destigmatize
 - Will share personal histories with depression and suicide
 - Addressing mental health support, clarify use of counseling services is a sign of strength and not reported to residency
 - Encourage students to seek help from professionals
 - Mindfulness disciplines, journaling as healthy reflective practices
 - For student leaders, encourage wellness-centered programming (lunch lectures, other events)
- Over-scheduling concerns
 - True that students don't have enough time to process all of the material which is presented
 - At last course directors meeting, asked course directors to reduce hours => consolidate class time
 - Will schedule PCM workshop along with Ultrasound, to ensure students truly have an off week
 - Will convene a group of students to review final draft of class schedule, ask for suggestions for schedule changes; where possible, will make changes; where not possible, will review why not possible. Input for one class to improve schedule for following class
 - Will also hold informal, monthly roundtable lunch sessions with students who are not in leadership positions, to better assess general climate of class. Students will be selected at random every month, to ensure all students have an equal opportunity to voice concerns
- Attrition among % 2021
 - 9 students who have gone on leave of absence
 - Still in midst of analysis, no single reason for leave (some medical, some realized didn't want to be doctors -> admissions issue, students who have been failing classes b/c taking bad advice from upperclassmen - told tests are heavily slanted to specific topic/easy/etc)

- Be cautious about taking bad advice from upperclassmen! There is no easy shortcut in med school!
- **Take every exam seriously!**
- Effort to make every exam representative of material covered
- Policy:
 - If fail 1 block, can remediate exam
 - If fail 2 blocks, take leave of absence and repeat semester
 - If fail more than 2 blocks, possible to be denied return
- Most of students who go on leave of absence, return and do very well!
- Started peer tutoring
- Don't think any current students are in danger of failing

Dr. Woleben

- Parking sales start tomorrow morning
 - Clinical students still eligible for short-term permit
 - For N or D deck, still can park after-hours if possess a VCU Parking decal
 - M2s on campus for Step 1 prep: April-July summer pass
- M4s doing well thru interview season
 - Many interview offers
- M3s beginning advising season, selecting advisors
- Chair of AAMC ERAS advisory committee
 - Assessing for improvements to the application process
- AAMC Standardized video interview committee
 - Evaluating rollout of video interview
 - Currently used for Emergency Medicine residency applicants
 - Pointing out cost, which would inevitably be shifted to students, ensuring this is a valid tool

Dr. Brinegar

- % 2020: please submit preferences for the Rotation Lottery!
 - Must list options - repeating the same schedule 20 times will not increase likelihood of selection
- Keep an eye on Evaluation dashboard - ensure on top of due evaluations

Ms. Cetin

- FAFSA and Profile reminders going out soon
- Financial Literacy series - announcements in emails; will repeat sessions in Spring semester as well
- M4's - individual Exit counseling btwn Jan-Apr, will be sending out requests for appointments shortly

Dr. Jackson

- Admissions: almost halfway thru interview season, next offer date 16-Dec

